



Dave Cockerill
20 Long Copse Lane
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TOPPER ALL-GIRLS OPEN TRAINING

PLEASE RETAIN THIS SHEET FOR INFORMATION

After the success of the All-Girls camps over the past few years, ITCA (GBR) and the RYA are offering three camps for female sailors this year as detailed below.

- Subsidised by the RYA and supported by ITCA the camps will be run by Dave Cockerill (RYA National Coach) and three professional female coaches.
- 24 places are available for each camp on a first come first served basis.
- The camps are aimed at girls of junior and youth ages. Priority will be given to Zone, JDS and Youth Squaddies but any female Topper sailor is welcome to apply. If more than 24 sailors apply, places will be offered on a discretionary basis but based on age, results, recommendation from coaches and perceived future potential. Last years places were quickly snapped up so don't delay!
- **The closing date for applications is 31st October.**
- For all camps food will be provided from lunchtime Saturday until lunchtime Sunday and accommodation is provided for Saturday overnight only.
- The cost will be £110 per camp.
- You may apply for more than one camp but be aware that if we are over subscribed you may not get all of them.

If you would like to be considered for a place please complete the attached form and post / fax / email to:

Dave Cockerill
Topper All-Girls Training
20 Long Copse Lane
Emsworth
Hampshire
PO10 7UL

PLEASE DO NOT SEND MONEY AT THIS STAGE!

I am always happy to chat about this. Just give me a call or email me.

Phone/Fax: 01243 379 444,

Mobile: 07967 701281

Email : dave@2xlcoaching.co.uk or info@sailing-solutions.co.uk



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I am interested in attending: (please indicate your preferences if you are applying for more than one)

AG Open 1	21-22 Jan	Grafham	
AG Open 2	28/29 Jan	Rutland	
AG Open 3	18/19 Feb	Hayling	

Name Date of Birth

Height (cm) Weight (kg)

Address

Home phone number

Email address (CAPITALS PLEASE)

Sailing Club

Sailing experience including classes sailed, results, squads, **present coach/squad** and future sailing ambitions. Feel free to continue over the page if you wish.

Signature of sailor Signature of parent